

Acknowledgement of Rules & Regulations AND Waiver of Liability

All bed race participants **MUST** sign the Acknowledgement of Rules and Regulation AND Waiver of Liability before participating in the races on September 27, 2011. NO exceptions will be made to this rule and no racer/rider will be allowed to compete without this formed signed first.

This form **MUST** be signed and returned by September 18th to FRH

Please read the following and sign below:

I acknowledge the physical activity and potential hazard that participation in this bed race may cause. I am medically able to compete in the bed race although protection from serious hazards may be provided; I understand that hazards may be present. I assume the risk of participating in the bed races, regardless of my role, and assume all other risks associated with participation including (but not limited to) falls, contact with other participants, spectators, equipment, weather, heat/humidity, condition of the road and all such risks being known by me. In consideration of you permitting me to participate in the 3rd Annual Homecoming Bed Races on September 27, 2011, I hereby for myself, my heirs, executors, administrators or anyone else claiming on my behalf, pledge not to sue; and waive, release and discharge the Bed Race members, volunteers, race officials and any sponsoring body and assign from any and all claims or cause of action I may have for all personal injuries or property damages caused by or as a result of the 3rd Annual FRH Homecoming Bed Races with its related activities.

My signature below confirms that I have read and understand the attached 3rd Annual Homecoming rules, regulations and guidelines. I attest that I will follow the set-forth rules and regulations to ensure my safety and the safety of all other participants and spectators. Signing this form acknowledges that your team and all its members will be disqualified if any of the rules and regulations are not followed by me and/or my team members.

My signature below confirms that I have read and understand the above waiver and content.

Team Name: _____

Business, organization or group: _____

(Captain)

SIGNATURE: _____ **DATE:** _____

(Member 1)

SIGNATURE: _____ **DATE:** _____

(Member 2)

SIGNATURE: _____ **DATE:** _____

(Member 3)

SIGNATURE: _____ **DATE:** _____

(Member 4)

SIGNATURE: _____ **DATE:** _____

3RD ANNUAL HOMECOMING BED RACES

Rules and Regulations

ALL NEW BEDS!!! NO HOSPITAL BEDS!!! BETTER STEERING!!!
CASH PRIZES!!!

~RULES~

- 1) ALL team members must be 18 years of age or older
- 2) Teams MUST consist of four (4) runners and one (1) rider with 2 of the 5 team members being female
- 3) No participant may be a member of more than one team
- 4) Team registration fee (\$25.00) must be paid prior to the race
- 5) Each team member MUST sign a *Acknowledgement of Rules and Regulations* and *Waiver of Liability*.
- 6) Beds are provided by Fredonia Regional Hospital to provide standardization and safety (All beds are NEW and have been tested!)
- 7) All teams must have a team name and captain, for time-keeping and contact purposes
- 8) Rider MUST wear a helmet (provided by FRH at the race)
- 9) ALL team members MUST cross the finish line ... with their bed!!

RACE GUIDELINES:

Qualifying Heats:

Two teams will race each heat with all beds being timed to get the 3 fastest times which will advance to finals.

Between qualifying and championship:

Teams will be judged on costume design, coordination, most support from the crowd for two different prizes ("Most spirited" and "Best Decorated"). This will allow a brief break for anyone who might run back-to-back races.

Championship Race:

Three fastest timed teams will race one heat (all together) for 1st, 2nd and 3rd place CASH PRIZES!

~~ ABSOLUTELY no re-do's for Any Reason ~~

- ✓ Teams are encouraged to contact other businesses, groups or organizations that may have teams entered to set up "challenge races" (see Registration Form)
- ✓ Each team can have an unlimited number of fans, supporters or cheerleaders but at no time can they actively be involved in the race itself

*Decisions of the Judges and Bed Race Committee are final
Inclement weather will cancel Bed Races but will subsequently be rescheduled*

All forms must be submitted by September 18, 2011 to FRH (see Registration Form)